

ImmuneC[®]

(Vitamin C and Black Elderberry with Bilberry, Ginger and Zinc)

Nutritional Information per Tablet

	Amount	% EC RDA
Vitamin C	900mg	1500
Black Elderberry extract (4% total flavonoids)	50mg	-
Ginger	20mg	-
Bilberry extract (2% anthocyanidins)	10mg	-
Zinc	3mg	20

Non-active Ingredients:
Microcrystalline cellulose, magnesium stearate & silicon dioxide

Tablet Coating:
Glycerine & hydroxypropyl methylcellulose

Nutritional Information per Daily Intake (2 tablets)

	Amount	% EC RDA
Vitamin C	1800mg	3000
Black Elderberry extract (4% total flavonoids)	100mg	-
Ginger	40mg	-
Bilberry extract (2% anthocyanidins)	20mg	-
Zinc	6mg	40

Ingredients
Vitamin C preparation (ascorbic acid with hydroxypropyl methylcellulose), bulking agent (microcrystalline cellulose), black elderberry extract, ginger powder, anti-caking agents (magnesium stearate & silicon dioxide), standardised bilberry extract, zinc citrate trihydrate, glazing agent (glycerine & hydroxypropyl methylcellulose)

Recommended Intake

Take 2 tablets daily with food or as professionally directed.

Allergen Information

None

Contraindications

If you are under medical supervision, please consult a doctor before use. Amounts greater than 1000mg of vitamin C may cause mild stomach upset in sensitive individuals.