

# Cinnachrome<sup>®</sup>

## (Cinnamon, Chromium and Vitamin B3)

### Ingredients per Capsule

	<b>Amount</b>	<b>% EC RDA</b>
Cinnulin PF (20:1 extract) equivalent to cinnamon extract 250mg	12.5mg	-
Niacin (Vitamin B3)	1.8mg	10
Chromium	202.3 µg	-

**Non-active Ingredients:**  
Rice powder & magnesium stearate

**Capsule:**  
Hydroxypropyl methylcellulose & water

### Nutritional Information per Daily Intake (2 Capsules)

	<b>Amount</b>	<b>% EC RDA</b>
Cinnulin PF (20:1 extract) equivalent to cinnamon extract 500mg	25mg	-
Niacin (vitamin B3)	3.6mg	20
Chromium	404.6 µg	-

**Ingredients**  
Bulking agent (rice powder), capsule (hydroxypropyl methylcellulose), anti-caking agent (magnesium stearate), cinnulin PF<sup>®</sup>, niacin (vitamin B3 as nicotinamide), chromium (as polynicotinate).

### Recommended Intake

2 capsules once or twice daily with food, or as professionally directed.

### Allergen Information

None

### Contraindications

Do not take if pregnant, planning a pregnancy or breastfeeding. If you are under medical supervision, please consult a doctor before use.