

NoBlush[®] Niacin

(Vitamin B3 with Magnesium and Vitamin C)

Nutritional Information per Tablet

	Amount	% EC RDA
Niacin (Vitamin B3)	500mg	5555.6
Vitamin C	245.3mg	817.5
Magnesium	145mg	96.6

Non-active Ingredients:
Vegetable cellulose, acacia gum, sodium starch glycolate & magnesium stearate

Nutritional Information per Daily Intake (2 tablets)

	Amount	% EC RDA
Niacin (Vitamin B3)	1000mg	277.8
Vitamin C	490.5mg	408.8
Magnesium	289.8mg	483

Ingredients
Niacin (vitamin B3 as inositol hexaniacinate), vitamin C (as magnesium ascorbate & ascorbic acid), magnesium ascorbate, magnesium malate, magnesium oxide), vegetable cellulose, acacia gum, sodium starch glycolate, anti-caking agent (magnesium stearate)

Recommended Intake

Take 2 tablets daily with food, or as professionally directed.

Allergen Information

None

Contraindications

Do not take if pregnant, planning a pregnancy or breastfeeding. If you are under medical supervision, please consult a doctor before use.